

# APPRECIATIVE INQUIRY AND POPULATION HEALTH

## *Measuring First Nations Wellbeing*

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BC First Nations Data Governance Initiative Provincial Champion



# Transformative Change Accord - Health

Actions required in 4 key areas:

1. Governance, relationships and accountability;
2. Health promotion and disease and injury prevention;
3. Health services; and
4. Performance tracking.

# Growing Up in B.C.

The true measure of a nation's standing is how well it attends to its children – their health and safety, their material security, their education and socialization, and their sense of being loved, valued, and included in the families and societies into which they are born.

UNICEF, Innocenti Report Card 7, 2007



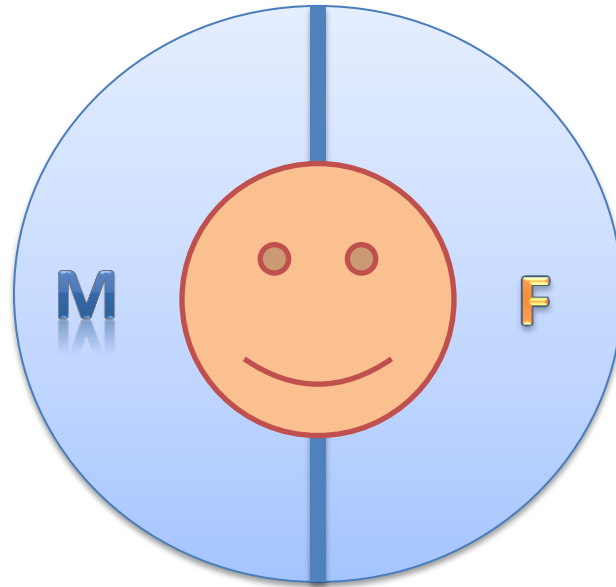
REPRESENTATIVE FOR  
CHILDREN AND YOUTH



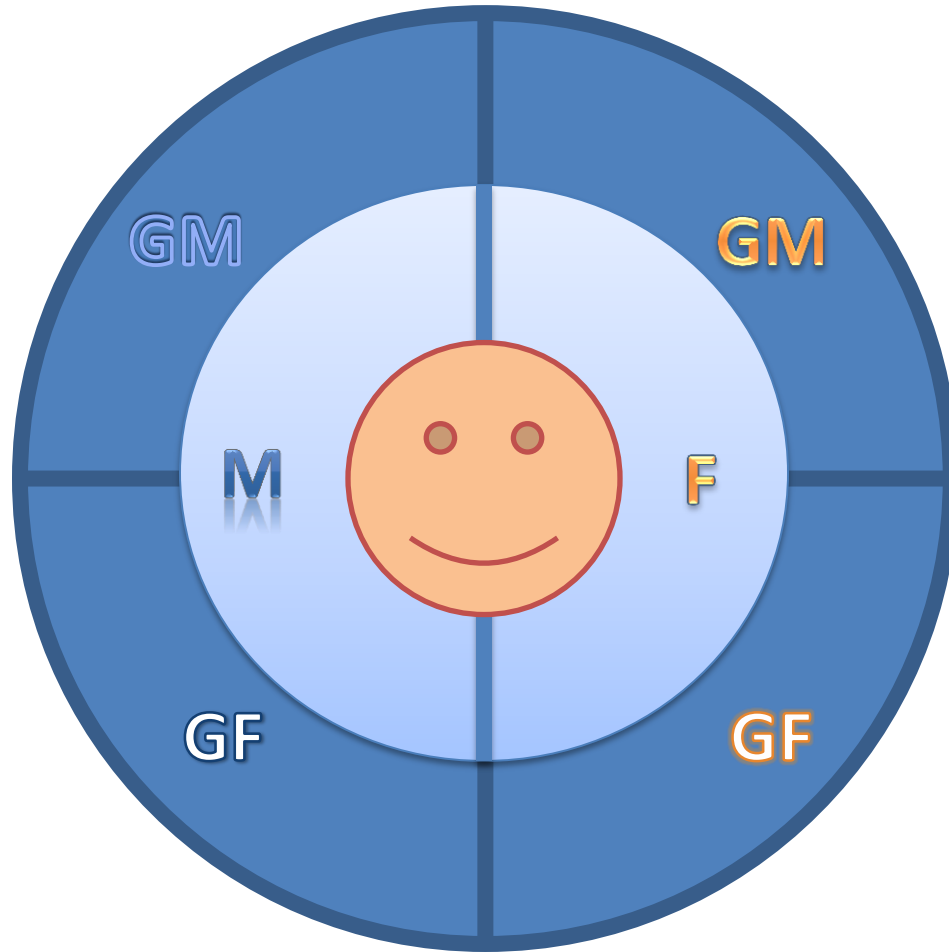
Office of the  
Provincial Health Officer



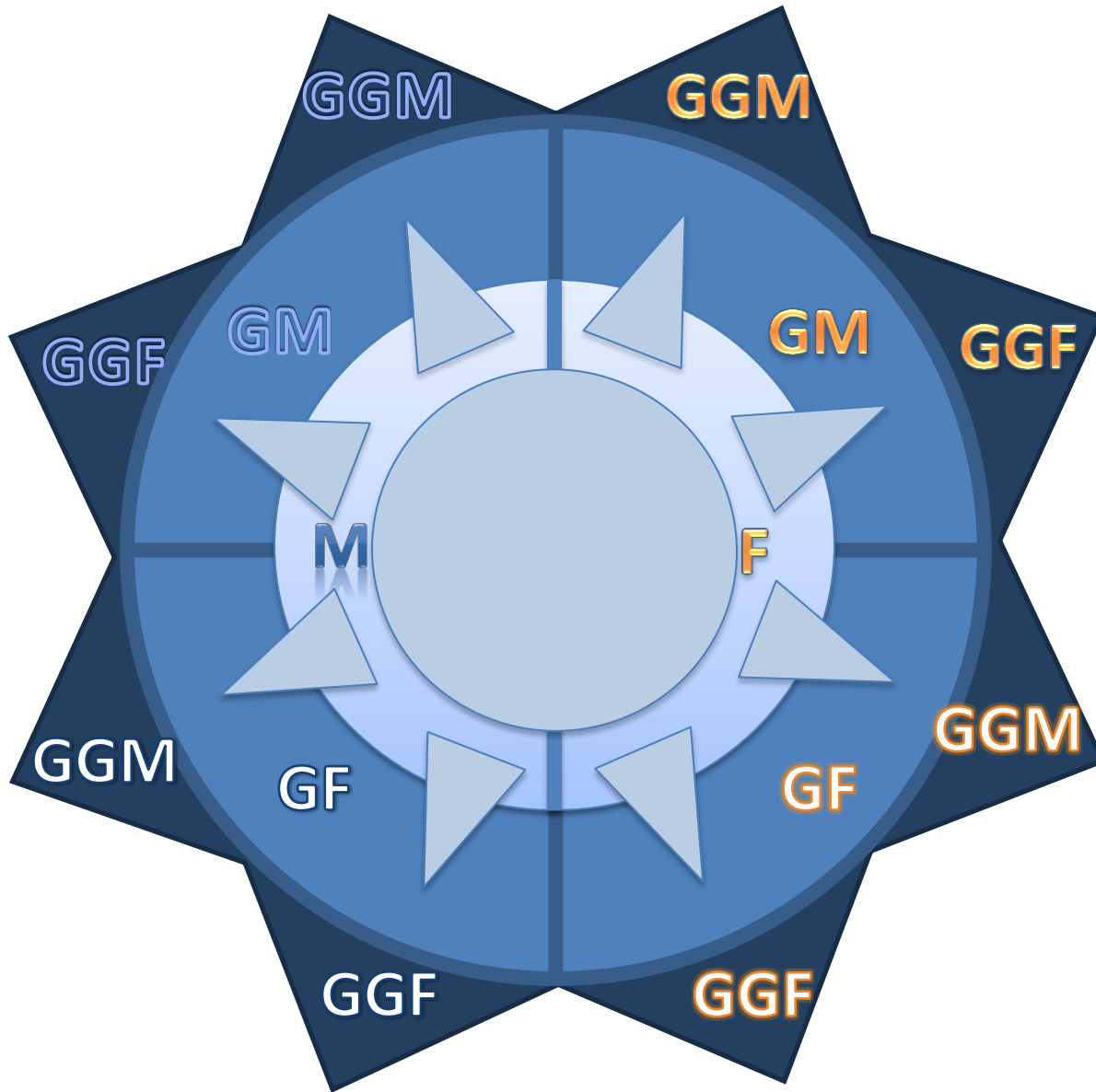
Strong, Safe, Supported



Strong, Safe, Supported



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Strong, Safe, Supported

# Common Interests Strategic Investments...



Early Child Development,  
Education,

Health Care,  
Housing, Justice,

Social Assistance,  
Employment  
Services, Child &  
Family Services



# Common Interests Strategic Investments...



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# Common Interests Strategic Investments...

Intergovernmental

**Intergovernmental  
Investment**



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Early Child Development,  
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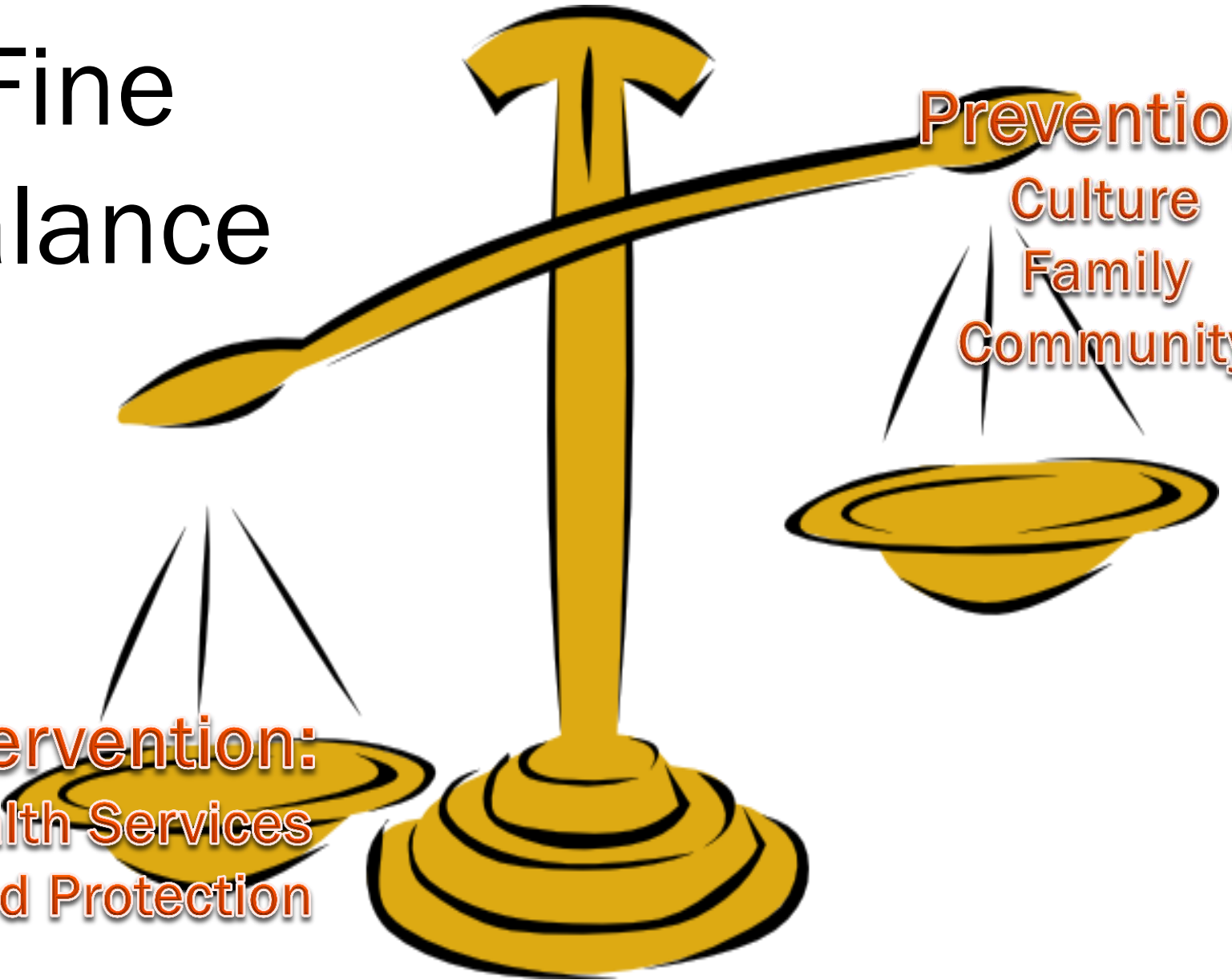
Health Care,  
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Services, Child &  
Family Services

# A Fine Balance

**Intervention:**  
Health Services  
Child Protection

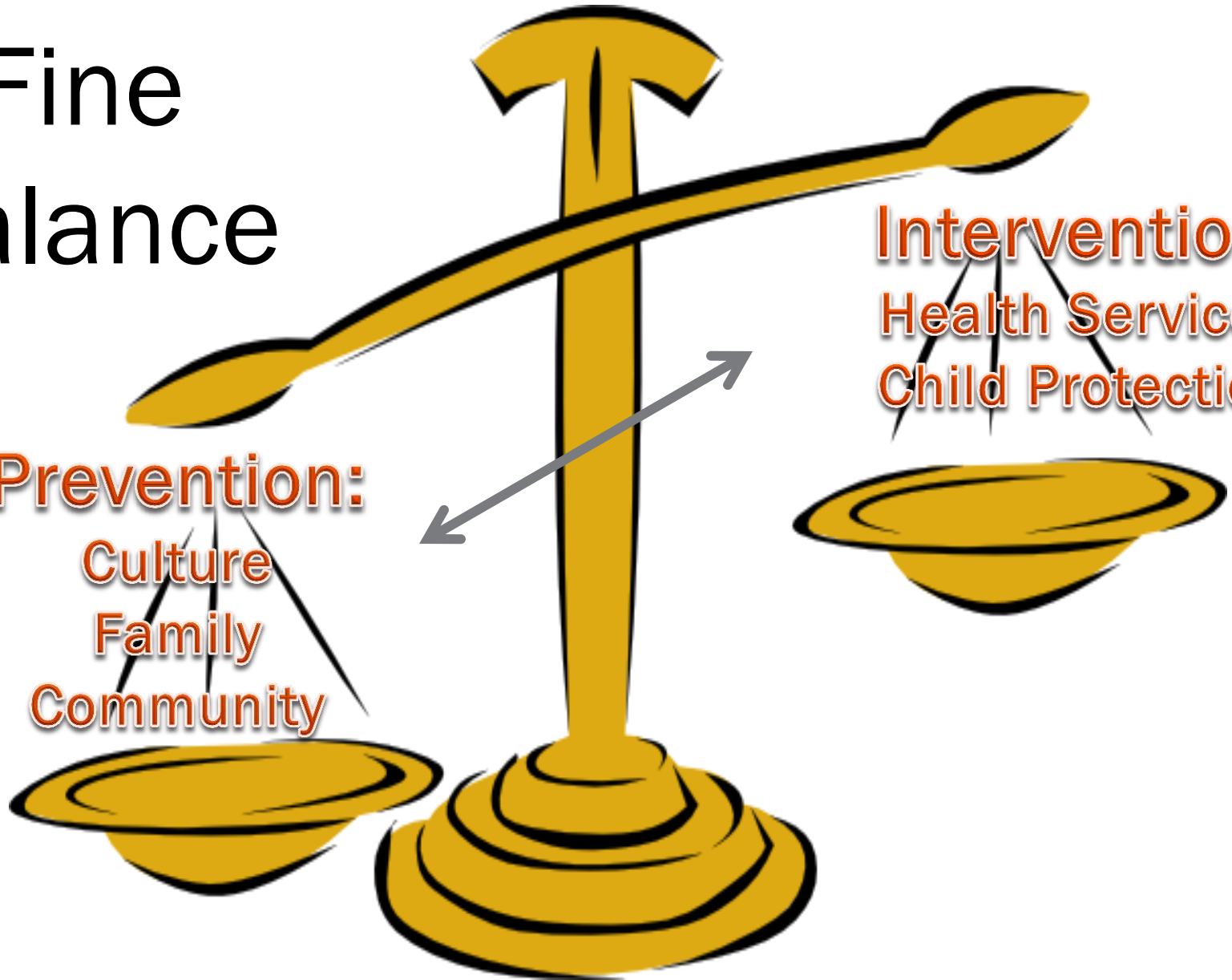
**Prevention:**  
Culture  
Family  
Community



# A Fine Balance

**Prevention:**  
Culture  
Family  
Community

**Intervention:**  
Health Services  
Child Protection

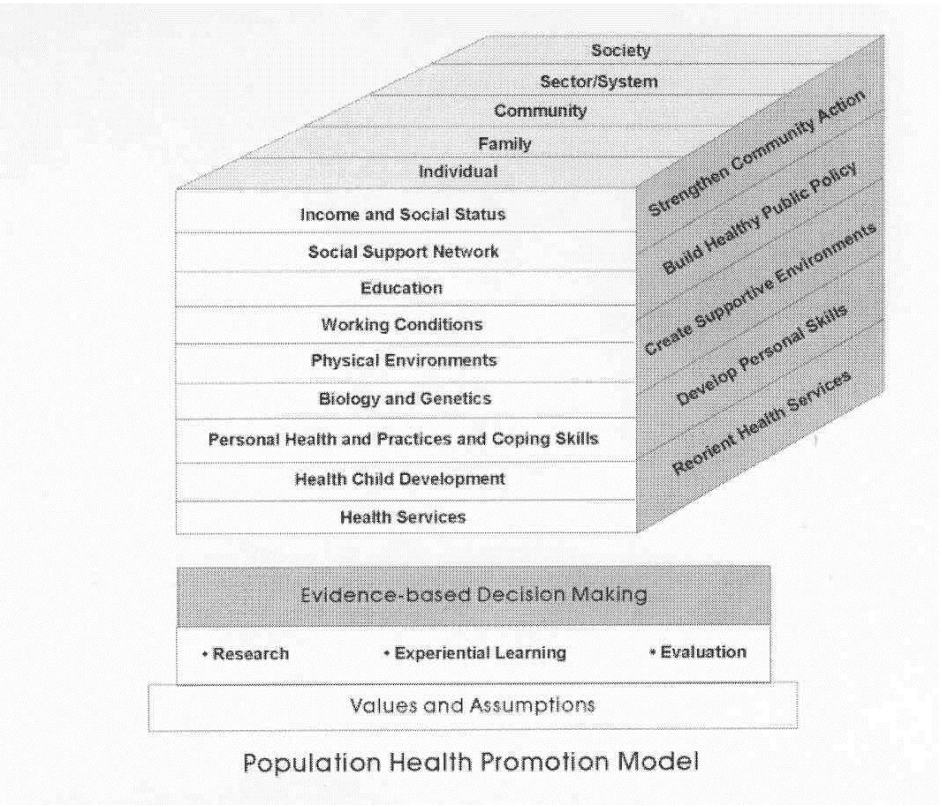


**“...MAKING IMPROVEMENTS IN THE HEALTH AND WELL-BEING OF CANADIANS MUST GO BEYOND DELIVERY OF HEALTH CARE SERVICES AND INCLUDE ACTION ON THE BROAD DETERMINANTS OF HEALTH.”**

CANADIAN INSTITUTE OF HEALTH INFORMATION

*Population health strategies address the entire range of factors that determine health rather than risks and clinical factors related only to particular diseases.*

Canadian Centre for Analysis of Regionalization and Health



# **Appreciative Inquiry...**

**What are the strengths of community?**

**What are the strengths of the individuals that make up the families in the community?**

**What opportunities exist for community and economic development?**

**How can we connect people with the opportunities?**

**How can we build partnerships & access resources?**

**We aren't trying to build strong programs, but rather strong people who don't need programs!**

**Try differently, not harder**

## ESTABLISHING WELLNESS INDICATORS

**The first Tripartite Health Plan was based on measuring 7 Indicators; 6 related to measuring negative things and one related to increasing staff to address health issues**

**BC First Nations' shared Vision speaks to being**

**healthy, vibrant and self-determining.**

**Transformation of health and wellness metrics is a long-term, multi-leveled process.**

**The work to define this is just beginning, so, until we get the fine details, we can begin by changing the labels of the things we measure now: moving from sickness indicators, to wellness indicators.**

**TOGETHER, WE HAVE THE SOLUTIONS...**

***“Moving to a population health approach will require a system-wide shift in thinking and provision of services over time... evidence is that the results will be worth the effort.”***

**Population Health Bulletin - Conference Report**



# Measuring Wellness:

An Indicator  
Development  
Guide for  
First Nations

[bcfndgi.com](http://bcfndgi.com)



- ✓ demonstrates respect for self, others and environment
- ✓ demonstrates love and compassion for self and others
- ✓ attends and participates fully in school and extra-curricular activities
- ✓ has current individual education/training plan
- ✓ adapts to new environments with ease
- ✓ confident communication skills...

- ✓ home is safe and secure
- ✓ has traditional name
- ✓ receives pre-natal screenings
- ✓ receives immunizations regularly
- ✓ practices healthy eating habits
- ✓ practices good dental and physical hygiene

## Examples



**Healthy, self-determining and vibrant BC First Nations children, families and communities.**

First Nations Health  
Council Vision

# Measuring our Progress

- Determine FN Community/Nation unique information requirements
- Determine what the FN government (public service) needs to manage
- Determine data/information sharing requirements
- Determine the structures, processes and tools needed to support an information management plan including:
  - Governance (legislation, bylaws, resolutions, agreements)
  - Policies, procedures, record keeping
  - Business processes, workflows and capital analysis
  - Traditional Knowledge Protocols and Protection
  - Access and privacy including ownership, control, access and possession (OCAP) principles
- Develop skill and capacity in information and document management, data base development, technical support, data analysis, website/community portal management...



**FROM SICKNESS... TO WELLNESS**

- 1. Life expectancy**
- 2. Mortality rates (deaths due to all causes)**
- 3. Status Indian youth suicide rates**
- 4. Infant mortality rates**
- 5. Diabetes rates**
- 6. Childhood obesity**
- 7. Practicing, certified First Nations health care professionals**

- 1.** \_\_\_\_\_
- 2.** \_\_\_\_\_
- 3. Youth Vitality\* rates**
- 4.** \_\_\_\_\_
- 5.** \_\_\_\_\_
- 6.** \_\_\_\_\_
- 7.** \_\_\_\_\_

**\*Vitality: Life, Energy, Strength, Vigor...**